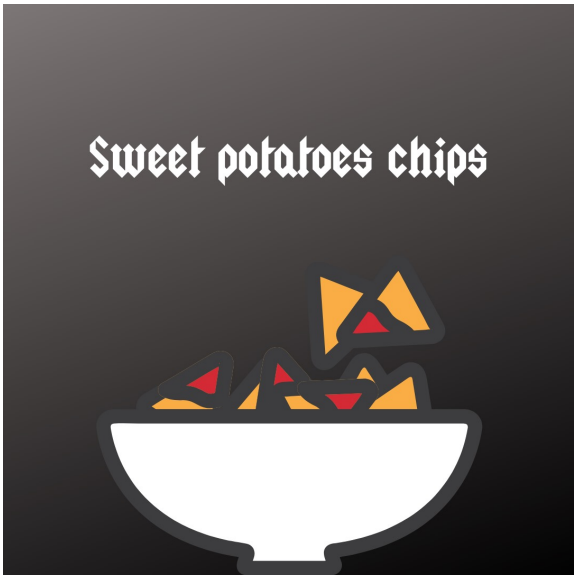

Sweet potatoes chips

Sweet potatoes chips, great side dish!

Serves: 2, Prep time: 00:15, Cook time: 00:30

Instructions

Cut the sweet potatoes in 1/4 inches or less. Fully cook them in water.

Turn on the oven @ 350 F.

Add the cook sweet potatoes on a tray them add avocado oil, and put in the oven for 20 to 40 min depending on how crispy you want.

Ingredients

- Depends how much you want pinch or to taste sweet potatoes , For 2 I use 2 medium potatoes